

"HOW TO" MEASURING GUIDE

1. GIRTH Measure from the center of one shoulder, down the front of the torso, through the crotch and up the back to the starting point.

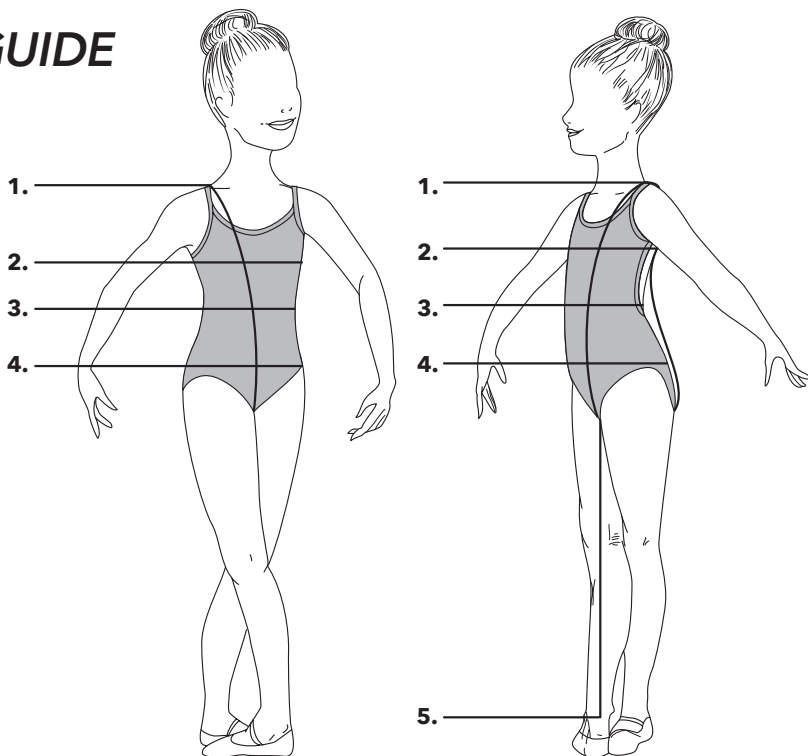
2. BUST Make sure the dancers arms are in a relaxed demi port de bras (as shown in picture), continue to measure around the fullest part of the chest, keeping the tape measure parallel to the floor.

3. WAIST Measure around the natural waistline, the narrowest part of the upper body (never measure over shirt or pants)

4. HIPS Measure around the fullest part of the lower body, keeping tape straight and parallel to the floor.

5. INSEAM Measure the inside of the leg from the crotch down to the ankle bone.

Costumes that are UNISEX sizes are sized according to women's measurements.



CHILDREN'S CHART

	XSC 2C-3C	SC 4C-6C	IC 6X-7	MC 8-10	LC 12-14	XLC 16-18	XXLC 20-22
BUST	20-21	22-24	25-26	27-29	30-32	33-35	35-37
WAIST	20-21	22-23	23.5-24	24.5-25	26-28	29-31	32-34
HIPS	21-22	23-25	26-27	28-31	32-34	36-38	39-41
GIRTH	34-37	38-42	43-45	46-49	50-54	55-58	56-59
INSEAM	14-18	19-21	22-24	25-27	28-30	28-30	28-30

ADULT CHART

	SA 4-6	MA 8-10	LA 12-14	XLA 16-18	XXLA 20-22
BUST	34-35	36-38	39-41	42-44	45-47
WAIST	25-27	28-30	31-33	34-37	38-40
HIPS	35-37	38-40	41-43	44-46	47-49
GIRTH	58-59	60-61	62-63	64-66	67-69
INSEAM	30-32	30-32	30-32	32-34	32-34

The measurements of the size chart are based on fit models and are our recommendations. Our Costume Specialists are available to provide you additional support and answer any questions you may have regarding sizing. Special sizing information may be included in fit details of costumes.

GUYS' CHART

	XSC	SC	MC	LC	XLC	SA	MA	LA	XLA
CHEST	21-23	24-26	27-30	31-33	33-34	34-37	38-41	42-45	46-48
WAIST	19-20	21-22	23-24	25-27	30-33	28-31	32-35	36-39	40-42
INSEAM	18.5	21.5	25.5	28	30	32	34	34	34

SIZING TIPS

- Measure carefully.
- Hold tape measure loosely when measuring.
- Make sure students are wearing a leotard and tights, standing up straight.
- Girth is the most important measurement when deciding on a size.
- Remember young children will continue to grow.
- Watch our 'How To' measuring video: <https://costumegallery.net/pages/sizing-charts-measuring-guide>